

Exeter Chiefs Women's Internship

SPORTS SCIENCE & ATHLETE MONITORING



Start: June 2025

End: July 2026

Exeter Chiefs Women Athletic Performance Department are looking to recruit a Sports Scientist placement intern (can be post-undergraduate), to undertake the monitoring of athletes across GPS (Global Positioning Systems), iMG (Instrumented Mouth Guards), Athlete Readiness to Train surveys and conduct regular testing using Vald technologies.

The intern will be immersed in the day-to-day operations of the Performance Department, from on field activities through to the gym. The year-long placement will challenge the intern, to work cohesively as a part of a team and challenge their understanding of sports science principles in the applied setting.

WHAT YOU WILL GAIN FROM THIS YEAR

- Develop a firm understanding and ability to utilise a variety of monitoring systems in the professional setting
- Data collection, management and implementation
- Learn to work cohesively as part of a multi-disciplinary team (MDT)
- Game day experience (including away travel)
- Autonomy to develop and implement new ideas (e.g. reporting and data analysis)

Please send all applications including: a supporting letter (max 500 words), CV (inc 2 x references) to liammcstay@exeterchiefs.co.uk



YOU WILL NEED TO HAVE

- A strong desire to learn and grow
- Ability to build relationships
- Flexibility to work unconventional hours
- Self-motivated and ambitious
- Initiative to problem solve
- Willingness to adapt
- Full & Clean Driving License

MAIN ROLES AND RESPONSIBILITIES

- Daily preparation of GPS and iMG equipment
- Live GPS monitoring and in session load management with the Head of Athletic Performance
- Post training download of GPS and iMG data and reporting
- Continual Development of intelligence platform dashboards and data handling
- Regular testing and monitoring (Vald technologies)
- Athletes Readiness surveys and reporting to MDT
- Supporting the department in daily operations for training and match days

TYPICAL TRAINING WEEK (SATURDAY FIXTURE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (KO 1500)
0830-1700	1100-2130	-	1100-21:30	1500-1900	1100-1800

*These times and days are subject to change dependent on the weekly fixture and training length

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